Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Pd. \_\_\_\_\_\_\_\_\_\_\_\_

**Chap 5 Less 2 Mental Disorders pages 118-121, 300-301**

**Objective: Students will examine mental illness by reviewing the types of mental disorders (S1, Ob 3a)**

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| **Main Idea 1**  **1. Define Mental Disorder**  **2. Define Stigma**    **Main Idea 2**  **3. Define Anxiety Disorder** | **Mental disorder are medical conditions that require \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  1a. an illness of the mind that can affect the thoughts’ feelings, and behaviors of a person, preventing him or her from leading a happy, healthful and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_life.  2a. a mark of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ or disapproval that results in an individual being shunned or rejected by others.  \*Learning about mental and emotional problems will help erase the stigma associated with these disorders, and will help encourage people to seek medical help early.  **Mental Disorders can be identified by their \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**  3a. a condition in which real or imagined\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ are difficult to control. Approximately 13 percent of children between the ages of 9 and 17 experience an anxiety disorder each year. |

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| **Types of Anxiety Disorders** | |
| Phobia | A strong, irrational fear of something \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, such as heights or social situations |
| Obsessive Compulsive Disorder | Persistent thoughts, fears, or urges (obsessions) leading to uncontrolled \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_behaviors (compulsions). Example: fear of germs leads to constant hand washing |
| Panic Disorder | Attacks of sudden, unexplained feelings of \_\_\_\_\_\_\_\_\_\_\_\_\_. “Panic attacks” are accompanied by trembling, increased heart rate, shortness of breath, or dizziness. |
| Post Traumatic Stress Disorder (PTAD) | A condition that may develop after exposure to a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ event. Symptoms include flashbacks, nightmares, emotional numbness, guilt, sleeplessness, and problems concentrating. |
| Generalized Anxiety Disorder (GAD) | Exaggerated \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ for no reason. People with GAD startle easily and have difficulty concentrating, relaxing or sleeping. |

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| **5. Define Impulse Control Disorders** | 5a. People with Impulse control disorders cannot resist the urge to hurt \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ or \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

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| **Types of Impulse Control Disorders** | |
| Kleptomania | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Cutting | Repetitive cutting on parts of the body that can be \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Pyromania | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Excessive Gambling | \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |
| Compulsive Shopping | Spending money on items that you can’t \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ and don’t \_\_\_\_\_\_\_\_\_\_\_\_\_ |

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| **6. Eating Disorders** | 6a. extreme harmful eating behaviors that can cause serious \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ or even \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ |

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| **Types of Eating Disorders (pages 300-301)** | |
| Anorexia Nervosa | An eating disorder in which an irrational fear of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ gain leads people to starve themselves.  Health Consequences: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, brittle bones,\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ problems and sudden cardiac death |
| Bulimia Nervosa | An eating disorder that involves cycles of \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, or attempts to rid the body of food.  Health consequences: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, sore and inflamed throat, and swollen glands |
| Binge Eating | An eating disorder in which people \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_compulsively  Health Consequences: becoming overweight or obese and may develop problems associated with \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_such as high blood pressure, type 2 diabetes and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_diseases. |

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| **7. Mood Disorders**  **8. Conduct Disorder**  **9. Examples of conduct disorder**  **10. Treatment of conduct disorders**  **11. Schizophrenia**  **12. Symptoms of Schizophrenia**  **13. Treatment of schizophrenia**  **14. Personality disorders** | 7a. an illness that involves mood \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ that interfere with everyday living (see Chap 5 less 1 notes: \_\_\_\_\_\_\_\_\_\_\_\_\_\_, major depression, adjustment disorder and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ disorder)  8a. patterns of behavior in which the rights of others or basic social rules are \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  9a. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, cruelty, lying, aggression, violence, \_\_\_\_\_\_\_\_\_\_\_\_\_, arson and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  10a. learning to\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ to the demands of every day life  11a. a mental disorder in which a person loses contact with \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  12a. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_, and thought disorders  13a. Professional help and \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  14a. Teens with personality disorders are unable to regulate \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_  Examples: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Personality Disorder, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_personality disorder, \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ personality disorder. |