Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Pd.: \_\_\_\_\_\_\_\_\_

Complete the following by going to <http://goo.gl/EiAF46> pages 7-11

1. Calorie Intake

a. 1970-2000

b. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ from \_\_\_\_\_\_\_\_\_\_\_\_\_\_ calories per day to \_\_\_\_\_\_\_\_\_\_\_\_\_ calories per day

c. a \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ percent increase

2. Soft Drink Consumption

a. 1947 to 2001

b. from \_\_\_\_\_\_\_\_\_\_\_\_\_ gallons per person per year to more than \_\_\_\_\_\_\_\_\_\_ times the amount consumed in

1947

c. \_\_\_\_\_\_\_\_\_\_\_\_\_\_ by \_\_\_\_\_\_\_\_\_\_\_\_\_\_ percent

3. Milk Consumption

a. 1947 to 2001

b. \_\_\_\_\_\_\_\_\_\_\_\_\_ gallons per person per year to \_\_\_\_\_\_\_\_\_\_ gallons per person per year

c. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ by \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ percent

4. Sugar Consumption

a. 1970 to 2003

b. \_\_\_\_\_\_\_\_\_\_\_ pounds per person per year to 142 pounds per person per year

c. \_\_\_\_\_\_\_\_\_\_\_\_\_ by \_\_\_\_\_\_\_\_\_\_\_\_\_ percent

5. Calories from snacks

a. 1977 to 2006

b. \_\_\_\_\_\_\_\_ calories from snacks per day to \_\_\_\_\_\_\_\_\_\_\_\_ calories from snacks per day

c. \_\_\_\_\_\_\_\_\_\_\_\_\_\_ by \_\_\_\_\_\_\_\_ percent

6. Food prepared away from home

a. 1965 to 2006

b. \_\_\_\_\_\_ percent spent on food prepared away from home to \_\_\_\_\_\_ percent

c. \_\_\_\_\_\_\_\_\_\_\_\_ by \_\_\_\_\_\_\_\_\_\_ percent

7. Vegetable Consumption

a. 1970 to 2003

b. \_\_\_\_\_\_\_\_\_\_\_ pounds of vegetables per person per year to \_\_\_\_\_\_\_\_\_\_\_\_ pounds of vegetables per person

per year

c. \_\_\_\_\_\_\_\_\_\_\_\_\_\_ by \_\_\_\_\_\_\_\_\_\_\_\_\_ percent

8. Fruit consumption

a. 1970 to 2003

b. \_\_\_\_\_\_\_\_\_ pounds of fruit per person per year to \_\_\_\_\_\_ pounds of fruits per person per year

c. \_\_\_\_\_\_\_\_\_\_\_\_ by \_\_\_\_\_\_\_\_\_\_ percent

Summary

a. Since 1950, the greatest contributors to increased caloric intake have been \_\_\_\_\_\_\_\_\_\_\_\_\_\_

\_\_\_\_\_\_\_\_\_\_\_\_\_\_, \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_ and \_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.

b. USDA data suggest that these foods are eaten in quantities that \_\_\_\_\_\_\_\_\_\_\_\_\_ recommended limits.

c. Americans consume more \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ than is recommended, and not enough \_\_\_\_\_\_\_\_\_\_\_\_\_.

d. Refined grains, added fats and added sugars are often found in \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_-\_\_\_\_\_\_\_\_\_\_\_\_\_ foods.