**Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Date: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Pd. \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Unit 2 Mental Disorders Review**

**Matching**

1. \_\_\_\_\_ Anxiety

2. \_\_\_\_\_ Phobia

3. \_\_\_\_\_ Obsessive-Compulsive Disorder

4. \_\_\_\_\_ Panic Disorder

5. \_\_\_\_\_ Post-Traumatic Stress Disorder

6. \_\_\_\_\_ Generalized Anxiety Disorder

7. \_\_\_\_\_ Depression

8. \_\_\_\_\_ Mild Depression

9. \_\_\_\_\_ Major Depression

10. \_\_\_\_\_ Adjustment disorder

11. \_\_\_\_\_ Bipolar Disorder

12. \_\_\_\_\_ Mental Disorder

13. \_\_\_\_\_ Stigma

14. \_\_\_\_\_ Anxiety Disorder

15. \_\_\_\_\_ Kleptomania

16. \_\_\_\_\_ Cutting

17. \_\_\_\_\_ Pyromania

18. \_\_\_\_\_ Excessive gambling

19. \_\_\_\_\_ Compulsive shopping

20. \_\_\_\_\_ Anorexia Nervosa

21. \_\_\_\_\_ Bulimia Nervosa

22. \_\_\_\_\_ Binge Eating Disorder

23. \_\_\_\_\_Mood Disorder

24. \_\_\_\_\_ Conduct Disorder

25. \_\_\_\_\_ Schizophrenia

26. \_\_\_\_\_ Personality Disorder

27. \_\_\_\_\_ Suicide

28. \_\_\_\_\_ Suicide Spiral

29. \_\_\_\_\_ Alienation

30. \_\_\_\_\_ QPR

**a**. feeling isolated and separated from everyone else

**b**. a mental disorder in which a person loses contact with reality (delusions/hallucinations)

**c**. patterns or behavior in which the rights of others or basic social rules are violated

**d**. a strong, irrational fear of something specific like heights

**e**. a mark of shame or disappointment that results in an individual being shunned or rejected by others

**f**. exaggerated worry or tension for no reason. Startled easily, difficulty sleeping, etc.

**g**. condition of feeling uneasy or worried of what may happen. Normal to experience this occasionally.

**h**. prolonged feeling of hopelessness, sadness and helplessness

**i**. a condition that may develop after exposure to a terrifying event (symptoms: flashbacks, nightmares, sleeplessness)

**j**. an irrational fear of weight gain leads people to starve themselves

**k**. spending money on items you can’t afford and don’t need

**l.** characterized by a mood cycle that shifts from severe highs or mild highs to severe lows.

**m**. attacks of sudden, unexplained feelings of terror

**n**. less severe symptoms compared to major depression, but can last for years

**o**. an eating disorder in which people overeat compulsively

**p**. setting fires to feel pleasure or release tension

**q**. a reaction to a specific life event, type of mood disorder

**r**. persistent thoughts, fears or urges leading to uncontrollable, repetitive behavior

**s.** repetitive cutting on parts of the body that can be hidden

**t.** an illness of the mind that can affect the thoughts, feelings and behaviors of a person, preventing him or her from leading a healthy, happy and productive life

**u**. involves cycles of overeating and purging, or attempts to rid the body of food

**v**. disorder in which a person is unable to regulate his or her emotions (ex. antisocial personality disorder)

**w**. The act of intentionally taking one's own life.

**x**. an illness that involves mood extremes that interfere with everyday living

**y**. a condition in which real or imagined fears are difficult to control

**z**. intense depression that can lasts for weeks or months.

**aa**. Feeling helpless, hopeless, and hapless(without happiness) where multiple life events consume one's emotional resources and the last one is like the last straw that broke the camel's back.

**bb.** unplanned theft of objects

**cc**. continuing to gamble despite heavy loses

**dd**. Question, Persuade, Refer means you will help someone you see showing the warning signs of suicide

**Complete the chart above using the following terms:**

phobia, kleptomania, anorexia nervosa, stealing, lying, cruelty, bipolar disorder, compulsive shopping, excessive gambling, binge eating, aggression, violence, major depression, mild depression, adjustment disorder, panic disorder, generalized anxiety disorder, pyromania, cutting, bulimia nervosa, truancy, arson, vandalism, obsessive compulsive disorder, post-traumatic stress disorder