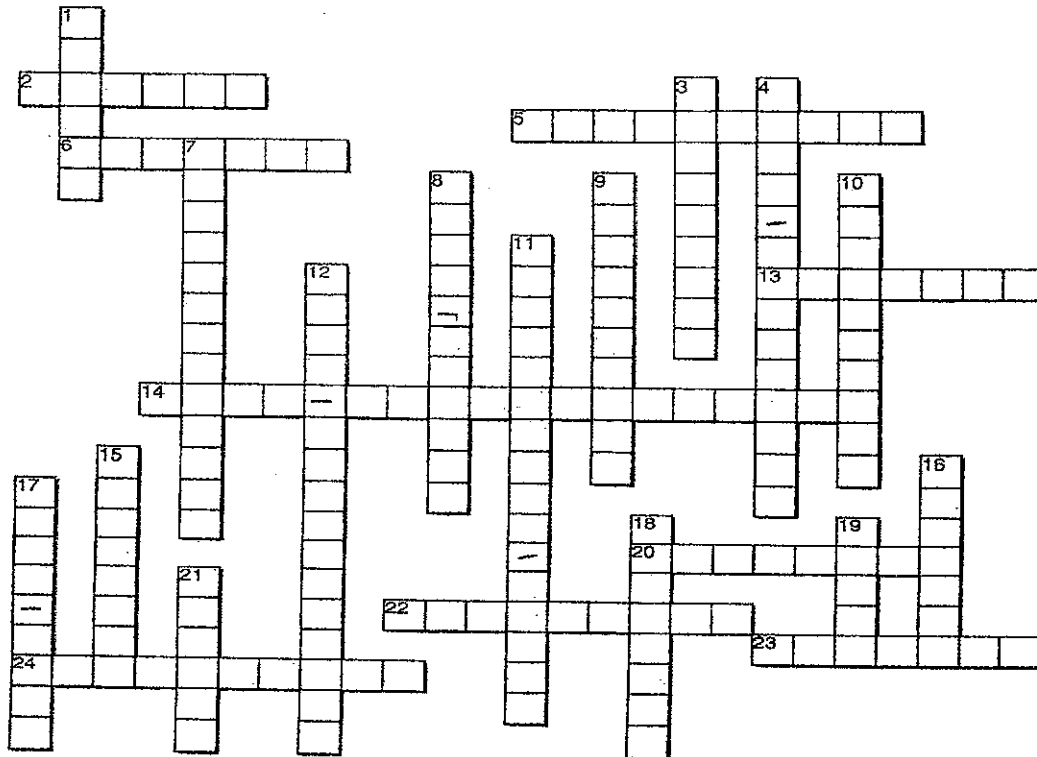


Name: _____

Vocabulary Review

Complete the crossword below



Created on TheTeachersCorner.net Crossword Maker

Across

2. the ideas beliefs and attitudes about what is important that help guide the way you live
5. teen stressor ex. illness, injury, changes in body
6. Try new activities to discover your _____
13. the ability to imagine and understand how someone else feels
14. to strive to be the best you can
20. signals that tell your mind and body how to react
22. the ability to adapt effectively and recover from disappointment, difficulty or crisis
23. Chose friends who value and _____ you
24. a deliberate decision to avoid high risk behaviors, including sexual activity and the use of tobacco, alcohol and other drugs

Down

1. a combination of physical, mental emotional and social well-being
3. teen stressor ex. poor self-esteem, personal appearance, not fitting in
4. actions that can potentially threaten your health or the health of others
7. teen stressor ex. unsafe neighborhoods, war, natural disasters
8. how much you value, respect and feel confident about yourself
9. taking steps to keep something from happening or getting worse
10. having skills enough to do something
11. related risks that increase in effect with each added risk
12. having confidence to make decisions that promote your sense of independence and self-assurance
15. chemicals produced by your glands that regulate the activities of different body cells
16. acceptance of a loss
17. the encouragement or criticism that you give yourself
18. all the traits that were biologically passed on to you from your parents
19. those things you aim for that take planning and work
21. dealing successfully with difficult changes in your life